

The  
British  
Horse  
Society

Changing  
Lives  
through horses



Horses are a powerful way of inspiring young people to connect with others, become productive members of society and improve well-being.



The British Horse Society Changing Lives Through Horses programme is an educational and character-building programme which encompasses the development of life skills and academic achievement within an equine environment through a structured award based programme that links to national curriculum.

The programme is aimed at children and young people from 5 – 25 who may be disengaged with education and / or have additional SEN that would benefit from access to an alternative provision

pathway. Post 16 students may be NEET or at risk of social exclusion.

The programme works closely and in partnership with schools, local authorities and other referral agencies.

Our BHS Approved Riding Centres, provide a safe, outdoor environment with qualified and experienced Accredited Professional Coaches where young people can learn and engage.

“ The staff has been amazing to Amy and really supportive with Amy's needs. Attending the sessions has really helped Amy achieve her Level One Horse Care at college and remain in education ”

– Parent of Participant

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Letting me do this course has been the best thing that has ever happened to me. I don't know where I'd be without it, probably in prison or something. ”

– CLTH Participant age 16

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R engaged more fully with her academic studies at school, the link between placement and school was maintained and the transition plan for post 16 was less daunting ”

– S Salt, Deputy Head Cedar House School

“ As a result of mental health issues our daughter has always struggled with school. The calm and structured environment of the stables has given her a security and purpose where she works hard to control her behaviour and act in a responsible way. Her happiness and enthusiasm for the programme have been noted by her class teachers, the programme has shown her that in the right environment she can cope, thrive, and achieve. ”

– Parent of Participant

“ The students who attended the course found it so beneficial, it enabled them to learn a new skill and work within a team. I watched them grow throughout the course and smile and laugh with one another. The staff were so kind and caring and supportive, I would highly recommend this program to all young people ”

– RISE (NHS-led services for children and young people in Coventry and Warwickshire)

“ Through this change of learning setting her approach to learning has improved... Her self esteem and self confidence have grown... The programme has played a huge part in her journey to developing her personally, socially and emotionally and supporting her transition from childhood to adulthood ”

J Hopwood Youth Engagement Worker



Contact us to find out more

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